

PV Alpine Fall Camp Packing List

Ski Equipment/On Hill Items

- Slalom Skis
- GS Skis
- Ski Boots
- Slalom Poles with Pole Guards
- GS Poles (if you have them)
- Goggles with tinted lenses (rose, amber, yellow, or mirrored)
- Helmet
- Slalom face guard (helmet attachment/ remember your screws) for slalom or mouth guard
- Shin guards
- Back Pack
- Snacks (we will have some available at the PVA Store for purchase)
- SPF 30+ Sun Screen
- Lip Balm
- Hand warmers & toe warmers (optional but if you tend to get cold send them)
- Water Bottle (we also have some for sale \$10 at the PVA store)

Ski Clothing

- Winter Hat
- Ski Jacket
- Ski Pants
- Training shorts (if you have them)
- GS Suit
- Long underwear
- Padded top for GS (if you use one)
- Layers (vest, sweatshirt, Fleece, etc.)
- Ski Socks

Clothing/ Shoes/ Accessories

- Base ball Cap
- Casual winter clothing (November in Colorado can be very cold)
- Athletic shorts
- Sweat suit for dry-land training
- Swim wear
- Athletic shoes

Ski Tuning

- Tuning Gear wax, file, file guide, stone, etc. (We will provide a tuning table, vises, an iron, and brushes)

Personal Items

- Toiletries: tooth brush, tooth paste, soap, shampoo, etc.
- Sun glasses

Other Items

- A DVD rated between G, PG, Or PG-13 (Optional)
- Money for snacks, the travel days, and a possible movie day

- Remember it will be cold on hill and around the town of Vail so bring layers.